"TIZ" GLADDENS SORE, TIRED FEET

"TIZ" makes sore, burning, tired feet fairly dance with delight. Away go the aches and pains, the corns, callouses, blisters and bunions.



out the acids and poisons that puff up your feet. No ou work, how ong you dance, far you walk, or how long you remain on your feet, "TIZ" brings restful foot comfort. "TIZ" is won-

"TIZ" draws

derful for tired. ching, swollen, smarting feet. Your feet just tingle for joy; shoes never hurt or seem tight.

Get a 25 cent box of "TIZ" now from any druggist or department store. End foot torture forever—wear smaller shoes, keep your feet fresh, sweet and happy.

FACTS YOU MAY NOT KNOW.

The English sparrow, thought to be a city bird, is found on the farms of the northeastern part of the United States to the extent of five pairs on each farm.

Russian peasant women have, on an average, from six to twelve children, of whom about half survive.

The English recruit is expected to put every shot into an eight-inch ring at 100 yards. The territorials must put 80 per cent of all shots into a twelve-inch ring at that distance. The French soldier is required to put half his shots into an eighteen-inch ring at the same range.

Germany's Kiel canal, which is just over sixty-one miles in length, is the second longest ship canal in the world. The longest is the Suez.

Rabbit fur is said to be supplanting wool in felt hat making in Australia, where thirty-two factories are in operation. The fur is considered much superior to the finest Merino for this purpose, and millions of rabbit skins are used annually.

The butterfly, like the bat, invariably goes to sleep head downward, its eyes looking straight down the stem of grass on which it rests. It folds its wings to the utmost and thus protects its body from the cold.

Salt Lake City, Utah, stands third in the United States in amount per capita expended on its public schools.

The tusks of the African elephant sometimes weigh as much as 100 pounds each, and reach a length of eight or nine feet.

BRIEF DECISIONS. The man who brags has to.

The spider is the original optimist.

The more a man thinks the more he will be thought of.

Pity the man who is riding a hobby and is thrown on his own resources.

Some men no doubt sow wild oats with the idea of making the waste places glad.

When a woman is sorry she married a man she is sure to regret that she had such a hard time getting him.

Many a man has considered himself a shining light just because he was burning the candle at both ends.

The reason why some people can't find a thing when they want it is because they didn't think they would want it again.-From Judge.

Sometimes a man wakes up and discovers that he has a boss wifeand they live happily ever after.

SAGE TEA DARKENS HAIR TO ANY SHADE

Don't stay gray! Here's a simple recipe that anybody can apply with a hair brush,

The use of Sage and Sulphur for re-storing faded, gray hair to its natural color dates back to grandmother's time. She used it to keep her hair beautifully dark, glossy and abundant. Whenever her hair fell out or took on that dull, faded or streaked appearance, this sim-ple mixture was applied with wonderful effect.

But brewing at home is musey and out-of-date. Nowadays, by asking at any drug store for a 50 cent bottle of "Wyeth's Sage and Sulphur Compound," you will get this famous old recipe which an be depended upon to restore natural color and beauty to the hear and is subsuited for darking description. hair and is splendid for dandruff, dry,

feverish, itchy scalp and falling hair. A well-known downtown druggist says it darkens the hair so naturally and evenly that nobody can tell it has been applied. You simply dampen a spong or soft brush with it and draw this through your hair, taking one strand a a time. By morning the gray hair disappears, and after another application two, it becomes beautifully dark, gloss, soft and abundant.

SOLDIERS LIKE THEIR TRENCHES

WILL FIGHT MORE STUBBORNLY TO HOLD ONES THEY HAVE MADE OR IMPROVED

HAVE A SENSE OF OWNERSHIP

Officers Now Allow Men to Stay as Long as Possible in Own Quarters

London.-How British troops become attached to the trenches which they have constructed or improved during occupancy to make them homelike to such a degree that a company permanently assigned to a certain trench will fight much more stubbornly to retain it against an assault than will temporary inhabitants has been recognized by the higher officers. Consequently it is now the policy, so far as is possible to allow each division to remain in its own quarters indefinitely.

A correspondent attached to the British headquarters writes of this interesting feature.

"One thinks of a west country battallion, experts with the pick and spade, which is famed, and justly famed, for the character of its trenches. It recks little of other things, lives with greaves of trench mud to its bare knees-and above them: measures existence in terms of pit props and revetments, and develops a sense of ownership in its labyrinth as acute as that of any squatter upon the land.

The value of this latter peculiarity has of late been realized by those in authority. It was observed that where a part of the line was held in rapid succession by various brigades there was an observable lack of certain qualities which distinguished trenches which had been held by the same troops for some time. It was an illustration, in fact, of the different treatment accorded to his tenement by the owner and the tenant.

"It had not occurred to anyone that men could become attached to a certain set of trenches-narrow, slimy, smelly trenches-just as they become attached to a cottage wreathed with roses or the castle of their clan. Yet so it was. No one likes trenches, no one could like trenches; yet when you have to live in trenches you may like the trenches which owe to you their being better than other trenches in which you have no lot or part. Soldiers have to obey orders, and if a trench has to be faced with netting or given a brick floor the work is done. But the work is quite differently done if the doers, and not some unknown reliefs, are to profit by it.

"Witness the modern garden city, well known out here, on which a certain division spent so much thought and labor and tenderness and blood during the months they held it, handing it over with a proud inscription attached, which declared that of all that had been given to them to guard they had lost nothing, and made, it might have added, a happy and hab-

itable village out of a morass. "And this place, though the most notable example, did not stand alone in proof of the advantages attached to security of tenure. Nor was it altogether a question of making neat brick floors, or well netted trenches, or adequate soak holes. The British soldier is notoriously careless and absent minded, and he is certainly not the less careless when making provision for others instead of himself. It was found that if he could count on a certain length of tenancy he would pay proper attention to head cover, make decently adequate funk holes and dug outs, and do his pumping with conscious rectitude."

JUVENILE LOGIC

Little Mabel's mother was expecting Mabel's auntie on a visit. Just as she was almost due to arrive a telegram came which read: "Missed train. Will start at same time tomorrow."

Mabel hurried home from school expecting to greet her auntie, instead of which she was shown the telegram. she read it through carefully and laborously, and then she remarked:

"How silly of auntie mamma!" "Why dear," inquired her mother. "Well, don't you see that if she starts at the same time tomorrow, she will miss the train again."-Illustrat-

ed Bits.

DIAMOND MINE IN A PET DOG Philadelphia, Pa.-An operation on a pet dog of Mrs. R. S. Nuckolls has resulted in the recovery of a 2 1-2 carat diamond. Teeth marks on the pendant and illness of the dog, a valuable Chihuahua, indicated where it

A veterinary surgeon operated and found the diamond. The dog will re-

DIAMOND IN CAKE

Newcastle, Ind .- After searching for a diamond for two days, Mrs. Clark Hyde received it from her son, Hubert, who found it in a buckwheat cake he was eating. Mrs. Hyde had dropped it in some batter and it had sunk out of sight.

A knife for opening pasteboard boxes, provided with a guard so it will not injure the contents, has been patented by a Connecticut inventor.

SOLDIER GHOST

Crowds Gather to View Luminous Spectre That Salutes With Transparent Arm

New Orleans, La.-Under the trees in Carrollton Avenue, between Maple and Burthe streets, a ghastly, shimmering half tangible shape stood one night this week. The shadows around lent a weird, eerie atmosphere to the place. At times the shape moved slightly from its position, and then moved back into the shadows again where it was only half discernable.

A half luminous, half transparent apparition dressed as a soldier, booted and hatted with a spectre rifle slung across its shoulders, it seemed a half real, yet half unnatural something that no mortal dare encounter.

A man came down the street jauntily whistling. He was between Maple and Burthe streets. Suddenly from its place beside a tree the ghost glided menacingly onto the banquette. It halted-stood stlent. No sound did it utter; there was no rustle of cloth as one long arm went up in seeming salute to the barrel of the spectre rifle. It was just something that stood there The man saw. He could not be mistaken. And before the spectre's arm had finished the half circle of its slow salute, the man was there no longer. The tap-tap of his fleeing feet quickly died away in the distance.

Then the news spread. A ghost was haunting Carrollton avenue. Thomas Cleary in front of whose house the spectre had taken up its stand, was notified by phone. Cleary came to his front porch and looked streetward. For a while he stared into the darkness. Then slowly, very slowly, seemingly growing out of the dark that lent a background to the sombre thing, the shape reappeared. It looked as it had been describedthe likeness of a soldier on guard, yet only half discernible and illusive, even as a shadow might seem if viewed with a dim light behind it.

In the unaccountable way that news travels, others heard of the apparition. Crowds of people who didn't generally pass that way at that time of night thronged the street cars going past. Crowds viewed the apparition in the shadow. The jitneys did a big ghost seeing business. Nevertheless hundreds can give voice to the apparitions authenticity.

Further investigation will be made and the findings submitted to the professor of physics at Tulane University. According to the tale told by one street car motorman, he saw the dim shape standing there at dusk, but thought possibly it was only a figment of his imagination as his car sped swiftly past.

It was not until nightfall that anything that might be construed as tangible was observed, and from then on it was viewed by hundreds.

FLIGHT OF TIME RETARDED

Pigeons Enjoy Rides on Hands of Big Tower Clock.

Seattle, Wash.-Joyriding by pigeons on the minute hands of the four big clocks in the tower of the Kings street station has occasioned considerable annoyance to the station masters of the Great Northern and the Northern Pacific for several weeks and they say it must stop.

Almost every night between 7 and 9 o'clock, the pigeons alight on the minute hands of the clock while they are on their upward journey from the half hour point to the hour, thereby retarding the movement of the machinery. After the minute hands pass the hour point the birds desert their perch and wait until the half hour station is reached again and then go aboard.

FEELS WELL RECOMPENSED

Man Falls Into Creek and Comes Up With Six Pound Turtle.

Connersville, Ind.—David Disselwein fell from his log wagon when one wheel fell into hole in a bridge over Garrison Creek and he plunged eight feet downward into shallow water. He came up smiling, unhurt, and with a six-pound soft shelled turtle clutched in his hands.

He felt the turtle writhe as his hands encountered it, deep in the sand, he said, and immediately reasoned that fate had recompensed him for the momentary embarrassment of his fall.

"NO WOMEN IN HEAVEN"

Cleveland, O .- "Feminine personality does not exist in heaven," is the belief of Mrs. D. D. Butcher, teacher of individual science, which aims at the perfection of true mating, Mrs.

Butcher says:
"Woman goes to heaven after death
but becomes a part of man. The theory involved in individual

science is that the sun as male, is the true mate of the earth, as female. The earth is the producer. Without the sun there would be no progency. "On earth men and women must become perfect before perfection of

spiritual body can be obtained. Woman was created in Adam and in the reflection of him. Man and woman unite in forming the spiritual body. They retain their identity, but remain as one."

Mrs. Butcher doesn't believe woman subordinate to men. She says each has a seperate duty to perform. She selects as her pupils girls and young women.

A muffler which can be fastened inside an overcoat collar and put on or off with the latter garment has been patented by a Minnesota man.



THE MAGIC HORN.

BY REV. GUY ARTHUR JAMIESON.

They shall dwell in their own land. -Jeremiah, xxiii., 8.

The text suggests the truth that, sooner or later, every man will "get what he deserves," "come into his own," "dwell in his own land." That in a spiritual sense at least no man can get away from himself; that cer tain attitudes of mind and heart will inevitably produce certain results in spite of mere physical conditions and adventitious circumstances.

Wealth is not necessary to the feeling of generosity nor intellectual attainment to honesty nor power or influence to the spirit of charity and love. Men can be great in character in the most humble spheres. That is what we mean when we say every man shall dwell in his own land, come into his own-what he is will be his real satisfaction and reward.

Material circumstances play less part in the development of character than perhaps we think. We hear people say, "If I were rich it would be so easy to be good, generous and just." But riches do not necessarily develop these virtues. If we have not already the motive and impulse in our poverty, riches would not develop them. More often the tendency is in the other direction. "The poor have more temptations than the rich,' we sometimes hear. Not more, but different. Good men will be good, rich or poor; and the evil ones will be evil-"they shall dwell in their own land." They shall live with their own soul, and what it is will be the measure of their real worth, usefulness, happiness.

Hans Andersen has a story of a magic horn which when blown drove every one to his right place. The rich who did not deserve his riches was degraded, and the poor who was worthy was promoted. It is a suggestive story, and perhaps would appeal to the poor as right, but it is not good in principle. It considers only material values when in fact spiritual are more vital. If the magic horn when blown made the rich man worthy of his riches and the poor man worthy of his poverty-that is, give to each a character that would enable him to be useful and happy in his own state-it would be more striking. But we do not need a magic horn. Men inevitably come into their

The optimist believes in himself, in his fellow, in his God. He meets life all male citizens between the ages of with a smile, and life smiles back at him. He makes friends; circumstances seem to favor him; he attains what he believes he can attain, because the attitude of his mind sets in action certain forces within himself that influence outward circumstances favorable to the attainment of his desires. On the other hand the pessimist questions himself, his fellow, his God. He meets life with a groan and a grievance, and life gives back to him no more than he expects of itdoubts, disappointments, failures.

Thus man, after all, makes the land in which he must dwell. There is no escaping ourselves. We make our soul's habitat, and in the end, whatever it be, we come to dwell in our own land.

Fishers of Men.

"I will make you fishers of men." What a promise, and how aptly descriptive of all forms of Christian work is that word, "fishers!" Some may use nets and get a draught. Most of us are anglers merely. We get men by "ones."

The work of one man for one man is the business of the church. God called Philip from his evangelism in the populous cities of Samaria to a desert place, that he might there talk with one man. Jesus might have gone with His disciples to the city to buy meat, and have gathered about Him an audience in the synagogue, but He preferred to spend the noon hour with one woman at Jacob's well. The emphasis of the Marter's life was laid on the few rather than the many, and when the church changes the emphasis, it has deflected somewhat from His conception of service .-Home Herald.

To-morrow.

A little seed lay in the ground. The spring winds breathed upon the spot, and the welcome sun smiled upon K, and the earliest rains fell and kissed it, and all of them whispered to it, "Burst into life!" But to their invitation the sluggish seed responded, "Not yet-to-morrow, to-morrow." So the days passed, and August came with its dry sky and parching sun. and the little seed awaking, cried, "Now I will burst into life." But there was no longer a spring sun to smile upon it, or a spring wind to breathe upon it, or spring rains to kiss it, and it died in the ceffin which should have been its cradle, murmuring. "Too late! Too late!"

Holiness is not a rapturous triumph away up somewhere in vague heights of glory, steadfast and splendid like a sun. It is just a poor heart that makes room for Jesus.-Mary Guy

SLOW DOWN

The world has lost its silence. That's the trouble with it. By silence, we mean, of course, a sense of leisure. That surely is gone. The lamps are no longer lit on quiet. Every minute is packed with noise or action. The phonograph, the "movie," the automobile mean always something to hear, something to see, somewhere to go. That is the constituency the modern artist addresses It has developed in him a new technique, a spur of the moment style. Were a Dickens here today who would listen to him? Certainly people of professed culture would not. They no longer read Dickens. Thackeray grows tiresome with the years. Trollope, whose fiction surely was engaging, is a dead letter. If a publisher announced an edition of Hawthorne today his competitors would grin. We who have more time than ever, really have less time than ever. The song in that forgotten opera of a few years ago, "I Want What I Want When I Want It," hit us off to a T. We are votaries of the NOW. The present instant is our shrine. Speed Up is the watchword. Culture, unfortunately has become a cheapened word, but far more unfortunate is it that the fact of culture itself is threatened. For culture in its real sense, we take it, means thoroughness. "God is never in a hurry," said one of the Pilgrim fathers. It is the world's foolish, barbarous haste that is making it ungodly. Slow down.

FACTS YOU MAY NOT KNOW.

The weighing machine used in the laboratory of the Bureau of Standards in Washington is said to be the most accurate in the world. It will weigh the wing of a fly.

Euncombe County, North Carolina, famous for adding a word to our language because of the oratorical propensities of a former Congressman, is spending more than half a million for roads.

A fence 7,000 miles long, the longest in the world, has been ordered by the Canadian Pacific railroad. It will run on both sides of the railroad from Halifax to Vancouver.

American railroads employ 1,315, 289 persons, who have an average yearly wage of more than \$1,000.

Thruout the world one-fourth of all children die before six years of age, one-half before they are sixteen and one person in 100 lives to see 65.

Shaving was introduced among the

Romans about 300 B. C. The first shave was deemed the entrance to manhood and celebrated with great festivities. Military training is compulsory on

12 and 45 in New Zealand.

Australia has a total population of less than 5,000,000 persons.

An average man breathes about twenty-one cubic feet of air into his lungs every hour.

Bananas are immune from insect attacks and most fruit diseases.

TRUTH SPOKEN IN JEST. . Navigation was safer in Noah's day than it is now. Whales were then the only submarines.

Girls worship novel heroes, but in real life they prefer men who can provide them with three square meals a

It is fun to watch the actions of a widow and a widower who are ansious to remarry when they get together and try to fool each other.

DRINK HOT TEA FOR A BAD COLD

Get a small package of Hamburg Breast Tea, or as the German folks call it, "Hamburger Brust Thee," at any pharmacy. Take a tablespoonful of the tea, put a cup of boiling water upon it, pour through a sieve and drink a teacup full at any time during the day or before retiring. It is the most effective way to break a cold and cure grip, as it opens the pores of the skin, relieving congestion. Also loosens the bowels, thus driving a cold from the system.

Try it the next time you suffer from a cold or the grip. It is inexpensive and entirely vegetable, therefore safe and harmless.

RUB BACKACHE AND LUMBAGO RIGHT OUT

Rub Pain and Stiffness away with a small bottle of old honest St. Jacobs Oil

When your back is sore and lame or lumbago, sciatica or rheumatism has you stiffened up, don't suffer! Get a 25 cent bottle of old, honest "St. Jacobs Oil" at any drug store, pour a little in your hand and rub it right into the pain or ache, and by the time you count fifty, the soreness and lame-

Don't stay crippled! This soothing penetrating oil needs to be used only once. It takes the ache and pain right out of your back and ends the misery. It is magical, yet absolutely harmless and doesn't burn the skin.

Nothing else stops lumbago, sciatica and lame back misery so promptly!

WHEN YOU WAKE **UP DRINK GLASS** OF HOT WATER

Wash the poisons and toxins from system before putting more food into stomach.

Says Inside-bathing makes anyone look and feel clean, sweet and refreshed.

Wash yourself on the inside before breakfast like you do on the outside This is vastly more important because the skin pores do not absorb impurities into the blood, causing inness,

while the bowel pores do. For every ounce of food and drink taken into the stomach, nearly an ounce of waste material must be carried out of the body. If this waste material is not eliminated day by day it quickly ferments and generates poisons, gases and toxins which are absorbed or sucked into the blood stream, through the lymph ducts which should suck only nourishment to sustain the body.

A splendid health measure is to drink, before breakfast each day, a glass of real hot water with a teaspoonful of limestone phosphate in it, which is a harmless way to wash these poisons, gases and toxins from the stomach, liver, kidneys and liver, kidneys and bowels; thus cleansing, sweetening and freshening the entire alimentary canal befor putting more food into the stomach.

A quarter pound of limestone phosphate costs but very little at the drug store but is sufficient to make anyone an enthusiast on inside-bathing. Men and women who are accustomed to wake up with a dull, aching head or have furred tongue, bad taste, nasty breath, sallow complexion, others who have bilious attacks, acid stomach or constipation are assured of pronounced improvement in both health and appearance shortly.



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